

**AUXILIARY NOURISHING FOOD**

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- **international:** A23L1/48; A23L1/30; A61K35/78  
- **european:**  
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**Abstract of JP63133969**

**PURPOSE:** To obtain the titled food, having physical strength enhancing action, lowering action of cholesterol and neutral fats as well as supplying action of minor nutriment, by dissolving and dispersing octacosanol and a ginseng in a medium-chain triglyceride consisting of a specific fatty acid.  
**CONSTITUTION:** A food obtained by dissolving and dispersing octacosanol and a ginseng in a medium-chain triglyceride consisting of an 8-10C fatty acid so as to provide preferably 0.01-10wt% octacosanol, 1-30wt% ginseng and the remainder of the medium-chain triglyceride.

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